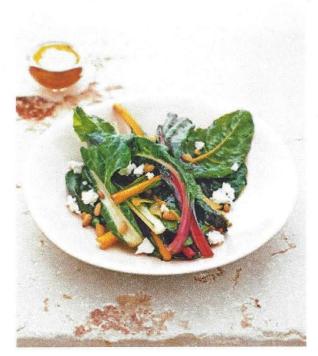


Rainbow Chard With Pine Nuts and Feta



Kana Okada

Serves 4

Hands-On Time: 10m

Total Time: 10m

Ingredients

- 1 bunch rainbow chard
- 2 tablespoons olive oil
- 1/4 cup pine nuts
- 2 cloves garlic, thinly sliced
- kosher salt and pepper
- 2 1/2 ounces crumbled Feta (about 1/2 cup)

Directions

- Cut off the chard stalks near the base of the leaves and discard. Cut any large leaves in half lengthwise.
- 2. Heat the oil in a large skillet over

medium heat. Add the pine nuts and garlic and cook, stirring, until golden, about 2 minutes. Stir in the chard, 1/2 teaspoon salt, and 1/4 teaspoon pepper. Cook, stirring, until the chard ribs are just tender, 2 to 3 minutes.

3. Transfer to a serving bowl and sprinkle with the Feta.

Tip

Keep cheese in the vegetable drawer with an unwrapped head of lettuce, which will provide the right level of humidity.

Nutritional Information