

Homemade Liquid Soap Nuts Laundry Detergent

by AMANDA HEARN



I love my soap nuts, but I love the ease of liquid even more. I like convenience, what can I say?!

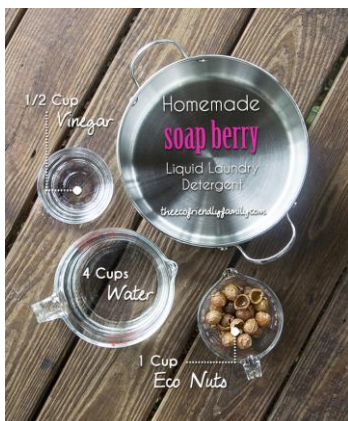
Soap nuts are a super affordable and non-toxic way to do laundry. If you are concerned about nut allergies, have no fear : these little cleaning wonders are actually a berry, *not a nut*! They are extremely allergen friendly. If you would like to read more about Soap Berries, be sure to check out my post, [Cleaning With Fruit: Let's Talk Soap Berries](#).

Homemade Liquid Soap Nuts Laundry Detergent

Ingredients:

- 1 cup [Eco Nuts* berries](#) (approx. 2 oz)
- 4 cups Water
- 1/2 cup Vinegar (natural preservative)

You will also need: Measuring Cups, a [Mesh Strainer](#) & a [Water Tight Storage Jar](#)



Instructions:

1. Measure and pour all ingredients into a large pot. Bring to a low boil and then reduce to a med-low heat to simmer with the **lid on** for 30 minutes. Stir and mash the berries occasionally with a slotted spoon.
2. After 30 minutes, remove the lid and continue to simmer at a low heat for 30 more minutes to remove excess water. Continue to stir occasionally.
3. Remove the pot from the heat, strain into a clean glass bowl with a [mesh strainer](#) and let cool.
4. Pour into a water tight jar for storage.

Using this recipe I was left with approx. 2.5 cups of liquid which will give me approx. 40 loads in an HE machine or 20 loads in a standard washing machine. Your yield may vary depending on heat settings and how much you use per load.

To Use:

Once your detergent is made you will **use 1 tablespoon per HE load, or 2 tablespoons per regular load**. You may need more on heavily soiled loads, and as with any detergent, you will want to pretreat tough spots. Check out my great [DIY Laundry Pretreater Recipe](#) for that!

Storage:

A [water tight jar](#) is perfect! This laundry detergent should last you a while on the shelf but you won't want to make up a year's supply at once if you plan to store it that way. If you want to create a larger batch of detergent, freezing is a great option. Using ice cube trays, you can store this indefinitely and simply pop out a cube each time you need to do a load of laundry. (For reference, an ice cube is generally two tablespoons.)

Super Savings:

I recommend the use of Eco Nuts berries because they are carefully selected to contain high amounts of quality soap, are certified organic, and are the only brand that I am aware of that actually sterilizes their berries – making them extremely safe to handle. You can purchase a [large box of Eco Nuts](#) for \$30 which will yield approx. 400 HE loads or 200 standard loads.

If you are looking for deeper savings, you can purchase bulk soap nuts from [Private Label Soap Nuts](#). A 5 lb bag costs approx. \$45 with shipping. **Please Note** that while these soap nuts are much cheaper, the quality of these berry pieces will also be less so than the Eco Nuts brand. You will likely need to use 3-4 oz of product per batch to achieve results similar to those above.