

## *Establishment*

The property consists of 5 acres and was purchased in October of 1998. It has undergone a complete metamorphosis with the establishment of food production gardens and the implementation of wildlife habitat restoration. We keep mechanization to a minimum and use a walk behind lawn mower to maintain walking paths or keep invasive plants in check, a string trimmer to groom garden beds and a rototiller to establish new garden beds, revitalize an existing one or control pest populations. After completing treatment for aggressive breast cancer in 2005-2006 I determined it was my good eating habits and using much of my own food that prevented any lymph node infiltration so in 2007 I started selling my excess production at my local farmers' market. I focus on heirlooms for history, flavor and genetic diversity.

## *Where to Find us on the Web*

<https://www.facebook.com/pages/Crestwood-KY/Meadowview-Farm-Natural-Habitat-Gardens-LLC/155500887843244>

[http://www.kyagr.com/Main.aspx?procedure=vi  
ew\\_page\(9110\)](http://www.kyagr.com/Main.aspx?procedure=vi<br/>ew_page(9110))

[http://www.localharvest.org/meadowview-farm-  
natural-habitat-gardens-llc-M32682](http://www.localharvest.org/meadowview-farm-<br/>natural-habitat-gardens-llc-M32682)

<http://www.meadowviewfarmandgarden.com/>

<https://twitter.com/llbelling>

## *Production Gardens*

- ◆ Baked goods made from corn flour, cornmeal and heirloom vegetables.
- ◆ High tunnel gardening for four-season food production.
- ◆ 4 varieties of hand crafted garlic.
- ◆ 3 varieties of Native American corn ground on site.
- ◆ 1 variety of popcorn.
- ◆ 6 varieties of heirloom dried beans.
- ◆ Heirloom vegetables.
- ◆ Wild crafted items made from fresh and dried plant material grown on property.
- ◆ Plants - Kentucky natives, cultivars, herbs and vegetables.
- ◆ Garlic seed.
- ◆ Habitat garden design service available upon request.
- ◆ Group tours and presentations available upon request.

## *Habitat Gardens*

- ◆ Wildlife habitat restoration of property begun spring of 2003.
- ◆ Repopulating the land with Kentucky native plants to provide food and shelter for wildlife.
- ◆ Allowing natives found naturally on the property to grow and expand their presence.
- ◆ Provide a chemical free environment for wildlife.
- ◆ Educate homeowners about the use of native plants for home scale gardening and habitat restoration.

## *Meadowview Farm*

### *Natural Habitat*

### *Gardens, LLC*

2005 Meadowview Drive  
Crestwood KY 40014-9261  
Phone 502-345-4231  
[mfnhgllc@gmail.com](mailto:mfnhgllc@gmail.com)



**PROPERTY TOURS AND ON SITE  
PURCHASES AVAILABLE BY  
APPOINTMENT ONLY**



*Lori L. Belling*  
*Owner / Operator*

## *Philosophy*

We believe in living closer to the land. We advocate and practice sustainable production methods by utilizing native plantings as predator habitat to eliminate the need for chemical applications.

We specialize in heirlooms such as rare black popcorn; very rare Native American flour corn and dried beans; value added jams, jellies and baked goods made from heirloom vegetables and ground corn flour or cornmeal. We plan for a mix of native plantings for beauty and wildlife support alongside the cultivated production gardens. We continually improve our soil by the addition of organic materials and minimum use of tillage equipment. Our only use of chemicals is for the control of invasive plants that were brought on to the property by previous owners. All garden production is done by hand in addition to harvesting, processing and packaging.

## *Other*

There is a \$5.00 per person charge for property tours.

Group tours and presentations available for a predetermined charge.

CSA full and half shares are now available in addition to a la carte ordering.  
<http://www.meadowviewfarmandgarden.com/csa-ordering-details.php>

## *Garlic Bed*



## *Sustainability*

Everything taken off the land is put back by use of composting. Grass clippings and straw are effective mulch and greatly reduce the need for weeding while providing soil stability through temperature and moisture moderation and pest deterrence. All plant material benefits from the use of mulch by adding organic matter back into the soil.

## *Kentucky Proud*

Kentucky Proud Program participant  
Certificate No. 1034.



## *Nursery License*

Kentucky Nursery License No. 162 A.

## *Property Certifications*

GAP Certified 04/26/2008



Monarch Waystation Number 1861.



The National Wildlife Federation certifies us  
as a Backyard Wildlife Habitat Certificate  
No. 59237.



Urban Wildlife Sanctuary Certificate No.  
735.

## *Memberships*

Community Farm Alliance  
Farmers' Market Coalition  
Kentucky Farmers' Market Association  
Kentucky Native Plant Society - Lifetime  
Member  
Organic Association of Kentucky  
Seed Savers Exchange  
Wild Ones  
Women in Agriculture

